



CERTIFIED REGISTERED  
Massage Therapist Association

**CODE OF ETHICS  
EXHIBIT "B"**

**CRMTA  
Draping Procedures**

## CRMTA DRAPING PROCEDURES

The draping procedures outlined herein are in addition to the procedures required under Section 11. Patient Privacy set forth in the CRMTA Standard of Practice.

Draping is a critical aspect of massage therapy, ensuring client comfort, privacy, and professionalism.

### 1. Preparation and Consent

- Explain Draping Process: Before beginning the session, explain to your client the draping process and how it is used to protect their privacy and comfort.
- Obtain Consent: Ensure that the client understands and verbally consents to the draping methods you will use.

### 2. Choosing Appropriate Linens

- Use clean, soft linens or towels that are large enough to cover the client's body adequately.
- Have different sizes available to accommodate different body types and personal preferences.

### 3. Draping Technique

- Initial Positioning: Start with the client properly covered on the massage table, leaving only the area to be massaged exposed.
- Adjusting the Drapes: When moving to a new area, securely hold the edge of the drape closest to the area to be uncovered. Make sure the other areas remain covered.
- Respect Boundaries: Never expose areas that should remain covered, including all Prohibited Areas. Adjust the drape as necessary to maintain coverage.
- Secure Draping: Ensure the drape is tucked securely to prevent accidental exposure, especially when the client is repositioning or when working on Sensitive Areas.

### 4. Client Comfort and Feedback

- Check-In: Regularly ask the client if they are comfortable with the draping and the temperature of the room.
- Adjust Based on Feedback: Be prepared to adjust your technique based on the client's feedback or discomfort.

### 5. Professional Conduct

- Privacy During Changing: Provide privacy for the client to undress and lie down on the massage table. Leave the room or provide a screen.
- Professional Boundaries: Maintain professional boundaries at all times. Draping is not only for the client's comfort but also to uphold a professional therapist-client relationship.

## **6. Sanitation**

- Clean Linens: Use clean linens for each client to maintain hygiene standards.
- Proper Storage: Store used linens in a closed receptacle until they can be washed.

## **7. Continuous Education**

- Stay informed about the latest best practices in draping techniques and ethics in massage therapy.
- Be open to learning from feedback and continuously improving your methods to ensure client safety and comfort.

By following these draping procedures, Members can ensure a respectful, professional, and comfortable experience for their clients, fulfilling ethical obligations and fostering a trusting therapist-client relationship.